

Beat: News

## Yoga Steps Into Guinness World Records

### 2 Guinness World Records For AYUSH

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**USPA NEWS** - The Minister of State for AYUSH (Independent Charge) and Health & Family Welfare, Mr. Shripad Yesso Naik addressing after receiving the Certificate of Guinness World Records on the largest yoga lesson was achieved by the Ministry of AYUSH, in New Delhi on June 21, 2015.

The Ministry of AYUSH has been awarded with two Guinness World Records in two different categories on the first International Day of Yoga.

Category 1 was for the largest number of participants in a Yoga Lesson at single venue. The earlier record was of 29,973. To beat that record a target of 30,000 was required. The Ministry broke that record as 35,985 participants performed Yoga at Rajpath today morning (June 21).

Category 2 was most number of nationalists in a Yoga Lesson. To achieve this at least participants from 50 countries were required to perform. But today participants from 84 countries performed Yoga at Rajpath.

Mr. Shripad Yesso Naik, MoS, Ministry of AYUSH and Secretary AYUSH received the awards which were presented by the representatives of Guinness World Records Ms. Victoria from UK and Mr. Marco Frigatti from Italy.

Speaking on the occasion the Minister expressed his gratitude towards the officials of the Ministry for making the programme of Rajpath a great success and efforts made towards achieving two world records.

Also present on the occasion were Yoga Gurus, Mr. Guru Malladi, coordinator of EY Company and senior officials of the Ministry.

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